

**DETECT  
EARLY.**



**SURVIVE  
LONGER.**

Jan 2020

## QUARTERLY BKPCA NEWSLETTER

### Fundraising Highlights so far.....

2019 was a fantastic year for fundraising! We had everything from sponsored head and beard shaves to bike rides through France. Since our last newsletter Barry's son, Stephen Kilby, and friends completed a bike ride from London to Paris raising an amazing £1,385. For Prostate Cancer Awareness month in November Paul Compton ran, cycled and walked 372.5 miles. This was the equivalent mileage of Burnley to Portsmouth visiting every club we have tested at in 2019 on the way. This raised the fantastic amount of £590. We also had some very generous donations; Rochdale AFC auctioned Luke Matheson's shirt and raised £500 to go towards their 2020 test day, Petty Real Estate Agents donated the very generous amount of £1,000 and we were also awarded another £1,000 from the Scott Cunliffe Runaway Fund. Refresco Nelson did a fantastic job of promoting and raising funds for us throughout November where we also completed a private test event for their employees. More about this story can be read over the page.

**HAPPY NEW YEAR!** We hope that you all had a great Christmas and New Year? We are already very busy here at the BKPCA and have some really exciting things coming up in 2020. We have completed our second test day at Rochdale AFC this January where we introduced a new online booking system. The day was a great success and the club's new manager Brian Barry-Murphy showed his support by coming for a test too.

This year we have test events coming up at Accrington Stanley FC, Manchester City FC, Burnley FC, Portsmouth FC and Ipswich FC to name a few. Please make sure you keep an eye on our website for an up to date list of test days. We have our annual sponsored bike ride taking place again this year. 45 riders will undertake the 'Bene 2 Burnley' ride in May which

will see the riders cycle from Benedictine in northern France to Burnley in time for the last match of the season. Please keep an eye on our Facebook page for details of how to sponsor the riders.



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In November **Refresco UK** in Nelson, approached us expressing their interest in working with the BKPCA. The company set up a Health and Wellbeing room at the factory for their employees and chose November to promote awareness of Prostate Cancer and the importance of being tested. Refresco funded the testing through various fundraisers including; raffling 3 signed BFC shirts, senior members of management and employees grew moustaches and there was also a Bake Off competition. Barry attended the event which went down a storm with the staff especially the Burnley FC fans! The company raised the fabulous amount of £1,248.00! We tested 49 men of which 2 received amber results and were referred to their GP for further testing. 47 received green results. We would like to say a massive thank you to Katy and her staff for all their efforts in ensuring the day was a massive success.



## HOW YOU CAN HELP...

There's lots of ways you can help us raise funds so we can continue to test men for the early signs of prostate cancer. Just email [info@thebkpca.com](mailto:info@thebkpca.com) for more info on the following:

Can you spare a few hours? We are looking for friendly and enthusiastic people to join our team whether it's to help at bucket collections, supporting us with admin tasks at test events, flyer distribution and lots more.

Are you planning to take on a challenge of a lifetime? Why not raise money for us while you do it? We can help you get started with setting up donation web pages, printed sponsor forms and we will help to publicise your efforts to spread the word.

Shop and donate! Sign up to the Easyfundraising site and then shop as normal. The BKPCA will receive a donation from the retailer without it costing you a penny!

<https://www.easyfundraising.org.uk/causes/barrykilby/>

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**BARRY KILBY  
PROSTATE CANCER APPEAL**

The BKPCA aims to help men survive longer by funding PSA testing events at football grounds and other sporting venues around the country.

When you sign up you will be entered into all of our lottery draws which include our half yearly draws for a chance to win a fantastic **£5,000**.

Your continued support is vital to help men access a simple blood test and identify this terrible disease early.

*SIGN UP TO THE BKPCA LOTTERY BY VISITING  
[WWW.PAYMYMEMBERSHIP.CO.UK/BKPCA/](http://WWW.PAYMYMEMBERSHIP.CO.UK/BKPCA/)  
YOU CAN ALSO VISIT [WWW.THEBKPCA.COM](http://WWW.THEBKPCA.COM)  
FOR MORE INFORMATION*

***START PLAYING, START SAVING  
LIVES, START WINNING!***

## **A BIG THANK YOU**

A huge congratulations to the winner of our £5,000 biannual BKPCA lottery draw which was held last month. An even bigger thank you to the winner (who wishes to remain anonymous) who has donated it back to the charity! They said of their win "I didn't join to win money, I joined to save lives by playing every month to support the charity and having lost someone very close to the disease, I hope to save many more lives'. The £5,000 will help fund a fantastic 200 PSA tests which will really make a huge difference and will undoubtedly save even more lives.

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Our PSA Test Events will now be using an online booking system in conjunction with the GFCT (The Graham Fulford Charitable Trust) who supply the results. This will be done through a link that will be shared for each event on our website and social media through [mysatests.org.uk](https://mysatests.org.uk). You will be able to book appointment slots and set up your own personal account. This will allow you to receive your results, search for upcoming events, keep an eye on your PSA scores from previous tests and much more.

**A simple blood test to check your PSA level is the first step!**

- *Prostate cancer is the most common cancer in men.*
- *More than 47,500 men are diagnosed with prostate cancer every year – that's 129 men every day.*
- *Every 45 minutes one man dies from prostate cancer – that's more than 11,500 men every year.*
- *1 in 8 men will be diagnosed with prostate cancer in their lifetime.*
- *Around 400,000 men are living with and after prostate cancer.*
- *That simple, 2 minute blood test could really save your life.*

[www.thebkpca.com](http://www.thebkpca.com)

**Facebook: The Barry Kilby Prostate Cancer Appeal**

**Twitter: @BKPCAppeal**