DETECT Early.

SURVIVE Longer.

OCT 2019

QUARTERLY BKPCA NEWSLETTER

Welcome! We are the Barry Kilby Prostate Cancer Appeal. A charity that runs Prostate Specific Antigen (PSA) testing events for men aged 45 and above at local sporting grounds around the UK. The charity was set up by former chairman and now vice chairman of Burnley FC. Barry was diagnosed after a routine blood test detected his PSA level was well above what is classed as normal. He was diagnosed with

advanced prostate cancer that had spread to his hip yet had no symptoms. Barry was determined not to let this happen to anyone else so he set up his charity in 2015. Since then we have tested over 4,500 men of which, 450 men have been referred on to their GP for elevated PSA readings. That's potentially 450 lives we have saved so far! This year we have tested at

PROSTATE CANCER

Barry Kilby



Rochdale, Oldham, Portsmouth, Charlton and Ipswich. We continue to work with other football clubs and have lots more test events in the planning.

Fundraising Hi-lights so far.....

Iar.....

Along with your help, we have all been very busy over the last few months raising funds for the **BKPCA**.

We have been humbled by the efforts everyone has and continues to make. A massive thank you to the Bike riders who managed to raise a whopping £24,087.88 by cycling to a

Chelsea game via Zebrugge and Dunkirk! Michelle and all of her loyal customers at the Craven Heifer who managed to raise a fantastic £500 with their Ascot themed race night. Anthony Carter and Ryan Strange braved the shave by having their beard and head shaved and managed to raise £5,954.49. Burnley FC have pulled all the stops out to raise money for us, from the ten year anniversary dinner and the Players shirt auction to auctioning the old stadium seats off has raised the fabulous amount of £7,000! The support has been astounding so far and we cant thank you all enough.

WELL DONE!



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We have some fantastic news we would love to share too. We are now officially one of the sponsors of Padiham Football Club! We are really excited to be working alongside the club and the fans. Keep an eye out on our and the clubs social media for upcoming events.



HOW YOU CAN HELP...

There's lots of ways you can help us raise funds so we can continue to test men for the early signs of prostate cancer. Just email info@thebkpca.com for more info on the following:

Can you spare a few hours? We are looking for friendly and enthusiastic people to join our team whether it's to help at bucket collections, supporting us with admin tasks at test events, flyer distribution and lots more.

Are you planning to take on a challenge of a life time? Why not raise money for us while you do it? We can help you get started with setting up donation web pages, printed sponsor forms and we will help to publicise your efforts to spread the word.

Shop and donate! Sign up to the Easyfundraising site and then shop as normal. The BKPCA will receive a donation from the retailer without it costing you a penny!

https://www.easyfundraisin g.org.uk/causes/barrykilby/

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BKPCA Subscription Lottery

The BKPCA aims to help men survive longer by funding PSA testing events at football grounds and other sporting venues around the country.

When you sign up you will be entered into all of our lottery draws which include our half yearly draws for a chance to win a fantastic **£5,000**.

Your continued support is vital to help men access a simple blood test and Identify this terrible disease early. SIGN UP TO THE BKPCA LOTTERY BY VISITING HTTPS://PAYMYMEMBERSHIP.CO.UK/ BKPCA/ YOU CAN ALSO VISIT WWW.THEBKPCA.COM FOR MORE INFORMATION

YOU COULD BE A WINNER!

Meet the winner of our 6 monthly lottery draw of £5,000!



Mr Pendleton of Liverpool

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Although our time is spent on fundraising and testing men, spreading the word and *raising awareness* is just as important! Many men aren't sure what a PSA test involves or that a family history of prostate cancer can increase their chances of getting the disease by up to 2 and a half times.

A simple blood test to check your PSA level is the first step!

- Prostate cancer is the most common cancer in men.
- More than 47,500 men are diagnosed with prostate cancer every year – that's 129 men every day.
- Every 45 minutes one man dies from prostate cancer that's more than 11,500 men every year.
- 1 in 8 men will be diagnosed with prostate cancer in their lifetime.
- Around 400,000 men are living with and after prostate cancer.
- That simple, 2 minute blood test could really save your life.

Keep your eye out for 2020's PSA test event dates in January's newsletter!